

## Conair Fholláine Get Fit Trail



**Ainm na Conaire:** Conair Fholláine  
**Pointe Tosaithe na Conaire:** Carrchlós 1  
**Fad:** 2000 méadar  
**Am:** 20 - 30 nóiméad  
**Leibhéal Deacrachta:** Éasca  
**Críochphointe na Conaire:** Carrchlós 1  
**Dath marcála ar Bhealach na Conaire:** Oráiste

**Trail Name:** Get Fit Trail  
**Start Point:** Car Park 1  
**Length:** 2000 m  
**Time:** 20 - 30 mins  
**Degree of Difficulty:** Easy  
**Finish Point:** Car Park 1  
**Trail Way Marking Colour:** Orange

## Conair na Fearainne Páirce Parkland Trail



**Ainm na Conaire:** Conair na Fearainne Páirce  
**Pointe Tosaithe na Conaire:** Carrchlós 1  
**Fad:** 3.6 chiliméadar  
**Am:** 45 - 60 nóiméad  
**Leibhéal Deacrachta:** Éasca  
**Críochphointe na Conaire:** Carrchlós 1  
**Dath marcála ar Bhealach na Conaire:** Dearg

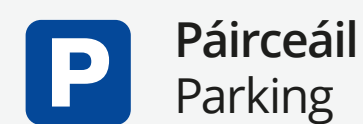
**Trail Name:** Parkland Trail  
**Start Point:** Car Park 1  
**Length:** 3.6 km  
**Time:** 45 - 60 mins  
**Degree of Difficulty:** Easy  
**Finish Point:** Car Park 1  
**Trail Way Marking Colour:** Red

## Conair Fhoraoise Woodland Trail



**Ainm na Conaire:** Conair Fhoraoise  
**Pointe Tosaithe na Conaire:** Carrchlós 1  
**Fad:** 3.8 ciliméadar  
**Am:** 40 - 60 nóiméad  
**Leibhéal Deacrachta:** Éasca  
**Críochphointe na Conaire:** Carrchlós 1  
**Dath marcála ar Bhealach na Conaire:** Gorm

**Trail Name:** Woodland Trail  
**Start Point:** Car Park 1  
**Length:** 3.8 km  
**Time:** 40 - 60 mins  
**Degree of Difficulty:** Easy  
**Finish Point:** Car Park 1  
**Trail Way Marking Colour:** Blue



Páirceáil  
Parking



Dífhibrileoir  
Defibrillator



Clós Súgartha  
Playground



Leithris  
Toilets



Conair BMX  
BMX Track



Eallach  
Cattle



Fothrach Séipéil  
Church Ruin



Raon do Mhadraí  
Dog Run



Páirc  
Pitch



Páirc Cruicéid  
Cricket Pitch



Cúirteanna Leadóige  
Tennis Courts



Láthair Callaistéineach  
Calisthenic Area



Seomra Ranga Fhoraoise  
Forest Classroom



Siúlóid Crann Cuimhneacháin  
Commemorative Tree Walk



Foirgneamh Stairiúil  
Historic Building



Tobar Beannaithe  
Holy Well

0 Metres 100 200 300 400 500

