



June Edition

# Fingal News

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## Bike Week Rolls into Fingal

**Bike Week is back from Saturday 13 to Sunday 21 May, with a variety of events celebrating the simple joy of cycling. Fingal County Council has launched a packed programme of events to satisfy experienced cyclists, families, schools, older people and those with additional needs. All events are free of charge and open to everyone.**

Events include two family fun days to take place in Blanchardstown and Malahide, an inclusive cycling come and try day for children and adults with physical and intellectual disabilities, a sunset social cycle in the Phoenix Park, BMX workshops for primary schools and a mass community cycle from Baldoyle to Howth. Most events don't require reservations and details of meeting points and start times can be found at [www.fingal.ie/bikeweek](http://www.fingal.ie/bikeweek).



## Consultation Concludes on 2 Active Travel Schemes for Swords

To make Seatown Road safer for everyone, particularly those walking and cycling, Fingal County Council is proposing cycle lanes on both sides of the road extending to meet Estuary Road as well as traffic calming measures from the entrance of Seatown Road at R132 (Seatown Roundabout). Works are expected to take approximately 3 months and to begin in Q3 2023.

A number of changes are also proposed for Newtown Bridge on Balheary Road, where the Council is planning to widen the footpath across the bridge, add a cycle lane, and install traffic lights to manage motor traffic passing over the bridge by taking turns, one direction at a time.

So, what happens next? The Council concluded a 4-week consultation period on April 26 and is currently working on a report summarising the feedback received from the public during this process.





## Mountview Gets Moving with Fingals First eCargo Rental Bike

Fingal County Council, in partnership with service provider Bleeper, have launched a brand new public eCargo bike service based at Mountview Community Centre, Dublin 15.

An eCargo bike is a battery power assisted pedal bike with a clever feature in front; a large, aerodynamically designed, lidded box. The box has a carrying capacity of 350 litres and is suitable for moving items such as sports training gear, small items of furniture or simply a large load of grocery shopping.

Borrowing the eCargo bike is a simple process. The bike is stored in a 'bike bunker' at Mountview Community Centre and can be unlocked for a small €3 fee, which covers 120 minutes of use. After 120 minutes, a fee of €0.05 per minute is charged. The eCargo bike must be returned to its original location at the end of your trip. Find out more at [www.fingal.ie/ecargo](http://www.fingal.ie/ecargo)



## Cycling Without Age Now Live In 3 Fingal Locations

Fingal County Council has launched a third Cycling Without Age location as the scheme for older people and those with mobility issues in Skerries. Cycling Without Age is a free of charge experience which can be booked by anyone with a mobility issue or by older people who no longer feel confident to cycle independently. Cycle trips can be booked online at [www.fingal.ie/activetravel/mobility/cycling-without-age-fingal](http://www.fingal.ie/activetravel/mobility/cycling-without-age-fingal) and are run by local volunteers at each location.





# unison

## FESTIVAL

# BREMORE CASTLE BALBRIGGAN

a free festival of summer sounds

SATURDAY 8th JULY 12-7 PM



**&**

**OFFICIALPAK**  
**DISCOVERY GOSPEL CHOIR**  
**MT PROJECT**  
**SHIPS WHEEL**

PLUS Food & Craft Market

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## The Mayor's Awards

**The Mayor of Fingal Cllr Howard Mahony welcomed Community Champions across Fingal to the Mayor's Awards held in the Crowne Plaza Hotel, Blanchardstown on Thursday 1 June.**

Hosted by RTÉ broadcaster Marty Morrissey, the awards honoured the amazing work done by individuals who have volunteered their time to support their local communities over the last year.

We would like to express our sincere gratitude to people across Fingal for taking the time to nominate your Community Champion as part of this year's Mayor's Awards. Your support and recognition of these outstanding individuals across the County is greatly appreciated.

It has been heartening to see members of the public taking the initiative to recognise the contributions of individuals making a significant impact in our community.

There was a huge response to this year's call for Community Champions, highlighting the large number of positive roles and activities people undertake to help others in their communities, be it for sporting, cultural, health, good citizenship or environmental reasons. There were wonderful examples given about those selfless people who don't normally receive the recognition they deserve for the work they do.

While recognising and valuing all contributions, the nominations were shortlisted and an independent judging panel with extensive experience in community development and volunteering undertook a review of the entries. They have now selected those individuals they believe are most suited to receiving a Mayor's Award as a 2023 Community Champion.

To read more about the outstanding achievements of our final nominees for the 2023 Community Champions, click [here](#).





## New kid goats joins Howth Heads firefighting herd

**Fingal County Council and the Old Irish Goat Society are thrilled to announce the birth of several kid goats who will be calling Howth Head their home. As we welcome these adorable new members to our community, we have been inviting the public to help name one of our newest additions.**

These precious little goats are already hard at work, grazing the land to prevent gorse fires as we approach the summer season, while keeping the area healthy and vibrant all year round.

Fingal supports the breeding programme of The Old Irish Goat Society as they look to prevent the extinction of Ireland's only indigenous goat breed. While we had 15 new kids join the herd in 2022, this year we see 37 new arrivals which is a phenomenal addition.

Fingal County Council and the Old Irish Goat Society would like to thank all those who shared their creative names for the kid goats at Howth Head.

Over 450 ideas were submitted for the newest additions to our herd, demonstrating the shared excitement and commitment to preserving Ireland's indigenous goat breed.

The birth of these delightful kids marks a significant milestone for our community. Not only do they bring joy and charm, but they also play a crucial role in maintaining the health and beauty of Howth Head.

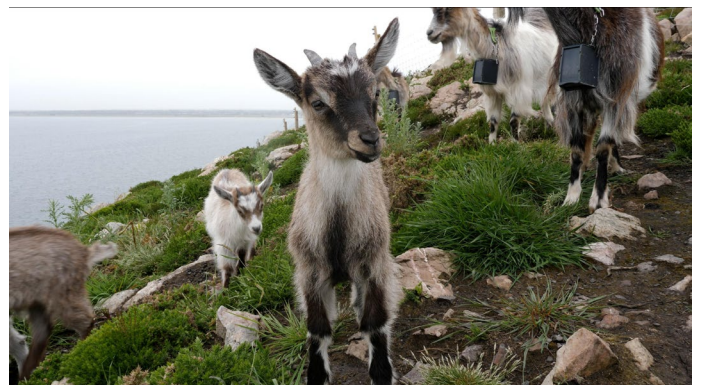
With such an extraordinary range of names and reasons behind the choice coming in, the task for our panel of judges has been both challenging and exciting.

Following careful deliberation, we are pleased to announce that we have now shortlisted four (4) names that best embody the essence of Old Irish goats and the beauty of Howth Head. These shortlisted names are:

1. Saorla
2. Talun
3. Fiáin
4. Danu

These names were chosen for their connection to Irish roots, mythology, language, and cultural significance. We believe they capture the spirit and character of these adorable kid goats while honoring the heritage of the Howth community.

Stay updated with [www.fingal.ie/news](http://www.fingal.ie/news) to find out which name is chosen.





## Fingal commits to new Creative Ireland Culture and Creativity Strategy

**Fingal's Culture and Creativity Strategy 2023-2027 was launched by Minister Catherine Martin and Mayor of Fingal Cllr Howard Mahony at an event in Farmleigh House earlier this year. The Strategy offers a new vision for creative activity in Fingal that was devised in consultation with the people of the county and will be delivered by Fingal Culture and Creativity team led by Lilian Whelan the Creative Ireland Coordinator**

Building on the success of the first 5 year creative Ireland, this new strategy for Fingal was created with input from the community, creative practitioners, and other stakeholders. The vision of the Creative Ireland Programme 2023–2027 is to mainstream creativity in the life of the nation so that individually and collectively, in our personal lives and in our institutions, we can realise our full creative potential thereby promoting individual, community and national wellbeing. The Creative Ireland Programme will deliver through collaboration and partnership promoting understanding and appreciation of the value of creativity in all its forms — whether through the arts, culture, heritage, or technology.

Making Fingal a great place to live, work, visit, and do business lies at the heart of all of the Council's plans and policies and the vision for this strategy is that creativity, culture, and the arts will be accessible to and valued by everyone. This Culture and Creativity Strategy will support the delivery of objectives in relation to wellbeing, social cohesion and inclusion, heritage, arts, culture, tourism, and economic development through cross departmental collaboration. This strategy is underpinned by our core values including democratic and civic leadership, a focus on engaging and inspiring our citizens, inclusion, valuing people and encouraging their development, and sustainability.

The Culture and Creativity Team has identified specific areas of focus that have most potential for long-term impact in Fingal. This will facilitate and consolidate efforts to embed creativity across the work of the Council and align with the vision, principles, and values of Creative Communities. Creative Ireland Fingal will build on successful implementation to date and continue to support access and participation for all our citizens by providing space for culture and creativity and continuing to support artists and creative practitioners, to build capacity for connecting artists and other creative practitioners to communities.

These overarching themes will guide our work in creativity over the next 5 years with implementation by the community and the creative and cultural teams and supportive collaboration across Fingal departments.

Highlights of Fingal's programme for 2023 include Cruinniú na nÓg a day of creativity for children and young people taking place across the county on Jun 10, 2023 with events in Fingal Library branches, Draíocht and Seamus Ennis Arts Centres and the flagship event in Millennium Park Blanchardstown.

For information on this and the Fingal Creative Ireland Programme see [www.fingal.ie/creative-ireland](http://www.fingal.ie/creative-ireland).





## Spring into Climate Action!

**Spring is all about new beginnings and transformation. Nature is emerging from its long winter sleep, and we see new life and growth all around us. We feel lighter, brighter, and more vibrant in tune with the season's energy. It is a time for a fresh start and traditionally we spring clean our homes and gardens. Consider the following tips as you plan your spring-cleaning. Be inspired to adopt new, simple, climate friendly ways of approaching your spring tasks.**

### Green Gardening!

#### Compost

Did you know that shop bought multipurpose garden and potting composts can contain 70-100% peat. This peat comes from peat bogs, a precious non-renewable resource that help combat climate change, storing more carbon than any other terrestrial habitat in the world, even more than Europe's forests and the Amazon rainforest helping!

Chemical fertilisers can upset naturally occurring soil ecosystems, they cause water pollution if used incorrectly and fossil fuels are burned to produce these fertilisers, releasing greenhouse gases into the atmosphere which contribute to global warming.

Try to choose natural, homemade organic compost, manure or seaweed or the nutrient rich liquid from a wormery, to fertilise your plants rather than artificial chemical fertilisers.

Help protect our bogs and find out more about home composting at [Compost for Nature | An Taisce - The National Trust For Ireland](#) and [Composting Ireland](#).

#### Weedkiller

Weeds are wild plants and are essential food for bees and insects who pollinate about 75% of the crops in the world. Without an adequate food source our pollinators will disappear.

Weeds can be a problem in our gardens, they can compete with flowers, plants, fruit, and vegetables we are trying to grow. Before you reach for the weedkiller consider this: Glyphosate is the most widely used chemical weedkiller in the world, and it is suspected to have serious, long-term effects on human health, so much so that the EU is looking at a ban on its use and a decision on this is due in December 2023. Not only is it toxic, the production of weedkiller, like chemical fertiliser, requires fossil fuels to be burned for energy.

You can help protect our native wildlife:

- Rethink weeds as wildflowers, sign-up to No Mow May, a lawn full of dandelions provides an abundance of nectar and pollen for bees. No Mow May » All-Ireland Pollinator Plan ([pollinators.ie](http://pollinators.ie))
- If you do mow, don't cut the grass too short as this allows the grass to out compete the weeds.
- Apply bark mulch, woodchip, or straw to keep down weeds in flower beds.
- Pour salted water or sprinkle rock salt on weeds in paved areas in to help keep down weeds.
- Stop digging! Cover soil in organic compost, mulch, straw or seaweed and then plant. This reduces weeds, improves the fertility of your soil and as the soil is undisturbed, it stores carbon and prevents it being released into the atmosphere.
- Soda crystals or sodium carbonate is also known as washing soda can be found in the laundry section of your supermarket. Use soda crystals to clear moss and rotting leaves and to get rid of slime on drives, patios and steps. Simply sprinkle soda crystals onto the area and leave overnight before brushing off with a stiff broom and plenty of water.

Find out more about organic weedkillers here [Homemade Weed Killers | BBC Gardeners World Magazine](#).





## Green Cleaning!

### Cleaning Products

Cleaning products are necessary for maintaining a healthy home. However, many shop bought cleaning products are chemical based and these have health and environmental impacts. Save money and reduce the amount of chemicals you use by going organic:

- Baking soda, also known as bread soda or bicarbonate of soda is a great cleaner, deodoriser, and mild abrasive which you will find in the home baking aisle of your local supermarket. Sprinkle some in your bin to keep it smelling fresh or make it into a paste using 3 parts soda to 1 part water and use this to clean pots and pans. Sprinkle bread soda on a damp cloth to remove really tough stains from surfaces. Mixed with vinegar, bread soda will clean even the grimeiest ovens and baked on grease.
- Soda crystals are an effective and gentle cleaner that cuts through grease and oil easily and can be used to remove wax and lipstick. It is caustic by nature, and you should wear gloves when using it. Mix 1 tablespoon of soda crystals to 1.5 cups of water for a mild cleaning solution, a half a cup of crystals to 1.5 cups of water for a regular solution and 1 cup of crystals to 1.5 cups of water for a strong solution and use to clean bathroom tiles and grouting.
- White distilled vinegar and lemon juice are acidic and are an effective replacement product for cleaning that requires a tough chemical cleaner or bleach. They can be used to dissolve greasy build-up and remove dirt from wood surfaces. White distilled vinegar can be used as an anti-bacterial cleaner on worktops and sinks. Simply apply the vinegar to a clean cloth and rub over the surface to be cleaned. Mixing vinegar with salt or bread soda makes a very effective scrub. Vinegar is excellent for cleaning windows, buff off with crumpled up newspaper.

- Salt is an effective scouring agent it can be used to remove stains from ceramic and stainless-steel sinks. Add salt to vinegar or lemon juice to boost the cleaning action. Salt water can be used to disinfect toilet bowls and sinks.

If you do decide to buy chemical cleaning products in the supermarket, look for products that have recycled packaging that can be recycled again. Choose biodegradable cleaners where possible. Many products are now refillable with refill pouches that contain much less plastic and require much less energy to manufacture.

Small changes can have a big impact in helping to protect the environment so why not give these green gardening and household cleaning tips a try. By rethinking how you clean and garden, you can make a major difference in protecting the environment and helping to fight the climate crisis without leaving your home!





## Springtime Smart Switches!

Pledge to live more sustainably and eliminate single use items from your life.

**Single-use items have a big impact on the environment as they are used only once and then thrown away. Energy is required to produce these items and more energy is required to process them as waste. Single-use products that can be recycled require energy for the recycling process. The energy for manufacture and treatment of these products usually comes from burning fossil fuels like coal, oil, and gas, releasing greenhouse gases to the atmosphere, and contributing to global warming.**

Be inspired! You can reduce your greenhouse gas emissions and protect the environment by rethinking the products that you use.

**Cling film** is a soft plastic, and it can go into your green bin for recycling but only if it is clean, dry, and loose. As cling film is mainly used to cover and wrap food, it may be dirty, and therefore most often it can't be recycled. The soft, elastic nature of cling film makes it difficult to reuse so it commonly ends up in the general waste bin destined for incineration or landfill. As a single-use plastic and made from crude oil, cling film has a high environmental footprint. If cling film ends up in the environment as litter, it takes hundreds of years to decompose and it breaks down into microplastics which enter the food chain when they are eaten by wildlife.

**Aluminium Foil** is lightweight and durable and is commonly used to wrap food. Like cling film, it can go into your green bin for recycling, but only if it is clean, dry, and loose. Much of the time it is contaminated with food residue from roasting and cooking. The manufacture of aluminium is highly energy intensive with an associated environmental footprint.

Alternatives to cling film and aluminium foil:

- Choose to store food in lidded, reusable containers in the fridge.
- Placing a plate over a bowl or vice-versa can effectively cover food in the fridge.
- Use a roasting dish, stainless steel tin or baking sheet for cooking to reduce contaminated aluminium foil waste and cover these dishes with an overproof lid rather than using foil.
- Choose a reusable, natural fibre such as sustainable bamboo or coconut, stainless steel or recycled plastic lunchbox .
- Choose greaseproof paper sandwich bags made from recycled paper that are certified compostable. Although not zero waste, they are still a better choice for the environment over plastic wrap or aluminium foil which is not suitable for further recycling.
- Choose beeswax wraps to wrap sandwiches and other food items, they can be washed and dried and used repeatedly .
- If you choose to use aluminium foil, choose a product that is made from recycled aluminium which requires 95% less energy to produce compared to other kitchen foil, resulting in less carbon dioxide and other greenhouse gas emissions.
- When shopping, refuse to buy meat and other items that come in disposable aluminium trays, these mostly cannot be cleaned properly to enable recycling.



When shopping visit the green household aisle in your supermarket or your local health food store. There are many alternative products available such as, cling film which is made from sugar cane which is fully compostable in your brown food waste bin. Look for plastic free, natural, organic, sustainably sourced, certified compostable products in recycled packaging which can be recycled again.

### So be smart and say no to single use!



**Reusable containers for keeping food fresh.**



**Beeswax Wraps can be used for keeping many food items fresh.**



**Choose an eco-friendly lunchbox.**

## Anti-Litter Anti-Graffiti Competition 2023



The Anti-Litter Anti-Graffiti Competition 2023 is currently open for applications. This annual competition is open to Fingal Community Groups to help keep areas free of litter, dog-poo and graffiti. Applicant groups must be registered with the Fingal Public Participation Network (PPN) Register Here: [fingalppn.ie/registration/](https://www.fingalppn.ie/registration/)

Groups can apply for any amount up to a maximum of €1,500. The application form outlines the rules of the competition and guidelines for successful submissions. We recommend that you take the time to read the whole form before applying. The proposed project(s) should ideally have some form of public engagement. There are some ideas in Section 8 for guidance but groups are encouraged to get creative and innovative in engagement and promotion of their project.

Closing date for entries is 4.30pm Tue 20th June 2023.

For further details on how to apply, visit: <https://www.fingal.ie/anti-litter-anti-graffiti-competition-2023>.





## Flavours of Fingal 2023

### GET IN ON THE ACT! Flavours of Fingal Festival announces spectacular line up for Foodies, Farmers and Families

Flavours of Fingal, Dublin's biggest and most vibrant county festival, is proud to announce the line-up for this year's action-packed show in Newbridge House & Gardens, Donabate on Saturday 1st and Sunday 2nd July.

Attracting an average of 80,000 visitors every year, Flavours of Fingal is the flagship summer event hosted by Fingal County Council.

This year's extravaganza combines the popular farming, equestrian, music and dancing showcases with new attractions including a circus tent featuring performers from the Broken Theatre Company, the Wellness Lawn, Dog agility competitions and Dublin's Coast and Fields Food Market.

Highlights of the festival include:

- **Farmer's Field:** hosted by the Fingal Farmers Group, this area will highlight the best of farm animals including cattle classes, sheepdog trials, alpacas, sheep and pigs. Traditional farming methods and techniques will be demonstrated alongside some of the most modern, state-of-the-art farm machinery. It's not all animals and tractors, join our instructor Patricia for social dancing with lessons in Jive, Waltz, Foxtrot, Quickstep and Line Dancing!
- **The Horticulture Tent** organised by Fingal Horticulture Society will host Flower & Gardening Demonstrations, 80 competition classes from flowers to vegetables to home baking, seed sowing, hanging basket & container gardening, plant propagation, and a series of workshops with expert gardeners including Christopher White, multiple medal winner at Chelsea Flower Show and Bloom.
- **Dublin's Coast & Fields:** Explore the bustling food market from Dublin's Coast & Fields, brimming with stalls featuring an array of delicious, locally sourced produce. From freshly harvested fruits and vegetables to artisan cheeses, seafood and bread, visitors can sample and purchase an assortment of delectable treats. Some of the local producers taking part include An BÁCÚS Beag, Feisty Ferments, McNally Family Farm and Country Crest. Take a seat and watch cookery demonstrations with top local chefs, including Declan McManus of the King Sitric restaurant, Howth who will showcase the wonderful seafood caught around our coast.
- **Family Fun Zone:** The festival is a family-friendly event, with a dedicated Kids Zone, in partnership with Keelings, offering engaging activities for children. Activities will include theatre and circus skills, arts and crafts, magicians, puppet shows and traditional games. There is action and entertainment for children of all ages. But there is also a quiet zone for children and families who need a little space during a busy day out.
- **Wellness Lawn:** another new addition to the festival this year is exercise and wellness for all ages. Join local expert instructors on the lawn for free Yoga, Pilates, DanceFit, family fun fitness and strength and conditioning classes.
- **Equestrian Showcase:** Hosted by Fingal Harriers, professional Irish horse riders will compete in top competitions including the Mervue Amateur, speed classes, RDS Dublin Horse Show qualifiers and the Joe Duffy BMW National Grand Prix. Ringside seating will be available to cheer on the fantastic competitors.
- **Live Music and Entertainment:** Enlivening the festival atmosphere, there will be live music performances in the Walled Garden and Front of House featuring local talent along with Irish and ballroom dancing.

For more information on the event, visit:

[www.flavoursoffingal.ie](http://www.flavoursoffingal.ie)





# Flavours of Fingal 2023





## Gaeilge

**Fingal County Council is committed to providing Irish Language services and this year a further 20 Staff members completed the Gaelchultúr Certificate in Professional Irish. We are also very happy to promote and facilitate Irish language events and again this year Seachtain na Gaeilge was celebrated in style in Fingal.**

The highlight of the Fingal programme was an evening of Ceol, Craic and Gaeilge in County Hall Swords hosted by Irish Officer Bernie Kelly with support from the Seamus Ennis Arts Centre and attended by Mayor of Fingal Cllr Howard Mahony and Chief Executive AnnMarie Farrelly and local councillors.

With the event coinciding with International Women's day it was fitting that the entertainment was provided by three hugely accomplished female musicians, Bernadette Nic Gabhann on fiddle, Éilís Murphy on concertina and Megan NicFhionnghaile fiddler and singer. Other events included a screening of the Irish language film Róise & Frank in the Seamus Ennis Arts Centre, a guided bilingual walk of Ardgillan Demesne and a number of events for young and old in our Branch Libraries and Rivervalley Parkrun as Gaeilge.

The Council facilitates Irish language events in our Community Centres and Libraries.



## Free Library Book Bags for all children starting school in Fingal this year



**Every child starting school in 2023 can now collect a free bag of books from their local library in Fingal.**

The 'My Little Library Book Bag' initiative in Fingal Libraries was launched in Rush Library on 9th June 2023 by Joe O'Brien, Minister of State at the Department of Rural and Community Development, Department of Social Protection, and Department of Children, Equality, Disability, Integration and Youth. The Minister was joined in Rush Library by Ethna Felten, Director of Service, Fingal County Council, and Betty Boardman, County Librarian.

County Librarian Betty Boardman said: "Fingal Libraries are delighted to offer a free book bag with storybooks for children starting school this September. Having storybooks at home and becoming members of their local library, helps each child prepare for this big step. Once children call into the library with their families to collect their book bags, we hope they will keep coming back to borrow books and take part in all the events and activities we have on offer at the library this summer".

The 'My Little Library Book Bag' national initiative, now in its second year, is a collaboration between libraries, the Department of Rural and Community Development, and the Department of Children, Equality, Disability, Integration and Youth, and is funded through Dormant Accounts Funding.

Each My Little Library Book Bag contains:

- Three books on starting school, making friends and being comfortable to be yourself
- A story card on going to the library
- A postcard the child can write or draw on and send to their new teacher, or bring to give to the teacher on their first day at school
- Their very own library card and 'My Little Library' cardholder
- Book bags are available in both Irish and English.

Fingal Libraries look forward to welcoming all the 4- and 5-year-old children collecting their book bags and beginning their library membership journey.





## Gold for Fingal at Bloom 2023



**Fingal County Council is delighted to announce that it has been awarded a Gold Medal at this year's Bord Bia Bloom festival for its remarkable show garden, "A Breathing Space for Fingal."**

This large-scale garden showcases its stunning collection of more than 3,000 perennial plants and mature trees, creating a forest bathing space within the grounds of Bord Bia Bloom.

Designed by the talented Jane McCorkell, "A Breathing Space for Fingal" showcases the invaluable contribution of well-designed open spaces to the overall liveability of our villages, towns, and cities. This exceptional garden underscores the importance of incorporating nature into our everyday lives.

One of the remarkable aspects of this garden is its commitment to sustainability. Nearly all construction materials used in its creation were recycled or upcycled from old materials sourced from Fingal County Council's store yards. This innovative approach highlights the council's dedication to environmental conservation and its vision for a more sustainable future.

Mayor of Fingal, Cllr Howard Mahony, expressed his delight at the recognition: "We are incredibly proud to have received the gold prize at Bord Bia Bloom 2023. This remarkable garden reflects our commitment to creating sustainable and inclusive spaces that enhance the wellbeing of our communities."

Following the conclusion of the Bloom festival, "A Breathing Space for Fingal" will find a permanent home as part of a Community Garden located in Lanesborough Park, Meakstown in Dublin 15. The garden will also serve as a lasting tribute to the people who endured hardships during the challenging period of the Covid-19 pandemic, reminding us of the importance of resilience and the healing power of nature.

Kevin Halpenny, Senior Parks & Landscape Officer at Fingal said: "The garden's focal point is the carefully curated selection of trees, representing a diverse range of species. Trees of varying heights, including multi-stem Cornus, birch, pine, bird cherry, and beech, all of which have been thoughtfully chosen to imitate the dense canopy found in natural forests. The arrangement of these trees creates a serene and peaceful atmosphere, inviting visitors to explore and unwind amidst the beauty of nature."

For more information about "A Breathing Space for Fingal" please visit: [www.fingal.ie/breathing-space-fingal-county-council-bloom-2023](http://www.fingal.ie/breathing-space-fingal-county-council-bloom-2023)





## Ukrainian Family Fun Day

Fingal Sports Office, aligned with Healthy Ireland, delivered a Family Fun Day for Ukrainians residing within the Fingal County on 5 April in ALSAA Sports Ground.

The day involved Fingal Sports Office staff coordinating the event, involving Fingal's 'co-funded' NGB development officers and local clubs, all coming together to give taster sports sessions of soccer, rugby, cricket, bowling, basketball, tennis and taekwondo.

Fingal Sports Office worked closely with Housing to advertise the event which involved over 200 participants.





## Fingal by Numbers

**25**

The number of Wellbeing courses delivered, with approx 354 attendees

**288,169**

The number of page views on [fingal.ie](http://fingal.ie) during the month of April

**€341,875**

The amount of funding Fingal has been allocated for groups across the County under The Community Support Fund (CSF)

**1,200**

The number of students who took part in this year's Fingal Student Enterprise Programme

**295**

The number of planning applications received to the end of March 2023

**712**

The number of Bleeper Bike Journeys started within Fingal operating zone in January

**€463,832**

The amount of funding to be shared among Five locations of archaeological heritage in Fingal under the Community Monuments Fund 2023

**391 tonnes**

The amount of glass collected in Fingal for recycling to the 26th of April 2023

**Comhairle Contae  
Fhine Gall**  
Fingal County  
Council

