



International
Women's Day

SHINE A LIGHT
FOR WOMEN



Fingal International
Women's Day 2024

#InspireInclusion



She Leads, We Lead
Fingal Women
Bringing Change

Comhairle Contae
Fhine Gall
Fingal County
Council



About Fingal International Women's Day 2024

Fingal International Women's Day 2024 is an initiative led by Fingal County Council. Over 35 events are taking place across the county from the 4th to the 10th March in celebration of women in our communities. Events are led by local groups and range from information and leadership talks to workshops on self-care, fitness, mindfulness, yoga and much more. In addition, Fingal County Council Community Department are delighted to be hosting 'Shine A Light for Women Swords' and launching 'Raising the Voices of Fingal Women Pioneers', a creative coaching training programme. All events are open to everyone and are a great opportunity to meet other people. To get involved, please browse through this programme, choose the events that you are interested in and book a place.

Shine A Light for Women Swords

Date: Friday 8th March • 5:45pm – 7:30pm, Swords Castle

To Book: <https://consult.fingal.ie/en/content/international-womens-day-shine-light-swords-castle-town-park-march-8th-2024>

To celebrate International Women's Day 2024, Fingal County Council will host their annual "**Shine A Light**" Event in Swords Castle and Park on Friday 8th March 2024. This is the third year of this initiative, which sees the Community Department joining together with Fingal Sports Office in delivering this important awareness event. The theme for the 2024 International Women's Day is #inspireinclusion and we are acknowledging many women in Fingal who through their inclusion have been inspired to achieve their goals in their work and communities.

Come and join us as we raise awareness of inspiring inclusion and light the way for women by 'Shining a Light' on International Women's Day. Registration, light refreshments start at 5:45pm.

Raising the Voices of Fingal Women Pioneers – Creative Coaching Training Programme Launch

Date: Tuesday 5th March • 8:00pm – 9:00pm, Online RSVP

To Book: <https://consult.fingal.ie/en/content/raising-voices-fingal-women-pioneers-launch>

Fingal She Leads are launching an exciting creative coaching training program, “**Raising the Voices of Fingal Women Pioneers**”, on Tuesday 5th March. This innovative initiative is designed to bring together a diverse and dynamic group of 16 women who exhibit a budding interest in leadership and possess the potential to become impactful leaders.

The program will run from April to July and aims to amplify the leadership identity of those women, fostering their influence in the upcoming local election.

Join us on Tuesday the 5th March to get a flavour of the creative approach that will be used. You will have the opportunity to ask questions and discuss the issues that impact the women of Fingal County. For more information, please join us online RSVP now to secure your spot!



She Leads, We Lead
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North Fingal

St. Mary's Baton Twirlers

Connect Cafe

Wellbeing & Mental Health Thrive Balbriggan Connect Cafe

Location: Bracken Court Hotel, Balbriggan, K32 D521

Date: 02/03/2024 • 10:00am – 12:00pm

Contact: (086) 327 0636

Email: ericandsusan@hotmail.com

Rush Astronomy Group

Women in Astronomy

Talk on Irish Women in Astronomy & Guided Observation Session

Location: Rush National School, Rush, K56VK88

Date: 04/03/2024 • 8:00pm – 9:00pm

Contact: (086) 152 7894

Email: fidelmacarroll@hotmail.com

Empower CLG

Down Memory Lane: Women's Journey on their Right to Vote

Exhibition & Presentation of the History of Women's Voting in Ireland

Location: Bracken Court Hotel, Balbriggan, K32D521

Date: 06/03/2024 • 10:00am – 1:00pm

Contact: (087) 982 4648

Email: mbaxter@empower.ie

#InspireInclusion

North Fingal

Aster Family Resource Centre

Inspiring Community Inclusion

Health & Wellbeing Workshop on Women's Issue

Location: Aster Family Support Centre, Balbriggan, K32HK25

Date: 08/03/2024 • 10:00am – 12:00pm

Contact: (01) 268 8166

Email: frcinfo@asterfamilysupport.ie

Balbriggan Women's Development Group

Breaking: Celebrating Women's Resilience

Art Play Therapy with Music & Dance

Location: Cairde Office, Balbriggan, K32 PA09

Date: 08/03/2024 • 10:00am – 1:00pm

Contact: (087) 282 9915

Email: sarah@cairde.ie

Castleland Community Centre

International Women's Celebration Day

Showcase of Local Women's Groups Activities

Location: Castleland Community Centre, Balbriggan, K32KK33

Date: 08/03/2024 • 10:00am – 2:00pm

Contact: (01) 690 5168

Email: info@castlelandcc.ie

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North Fingal

Balbriggan Cancer Support Group

Women's Wellbeing Day

Skincare Information & Demonstration Morning

Location: Balbriggan Cancer Support Group Office, Balbriggan, K32 WV12

Date: 08/03/2024 • 10:00am – 12:00pm

Contact: (01) 841 0116

Email: balbriggancancersupportgroup@hotmail.com

Lusk ICA

The Art of Spring Flower Arranging

ICA Workshop in the Art of Flower Arrangements

Location: Lusk Cultural Centre, Lusk, K45 CP40

Date: 08/03/2024 • 10:00am – 1:00pm

Contact: (087) 977 6769

Email: devanefrances58@gmail.com

Lusk Community Council

Wellbeing and Inspiration

Talk on Wellbeing, Diversity, Sporting & Enterprise Achievements

Location: Lusk Cultural Centre, Lusk, K45CP40

Date: 08/03/2024 • 2:00pm – 4:00pm

Contact: (085) 852 2517

Email: luskculture@yahoo.com

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North Fingal

Rush Community Centre

Women's Arts and Crafts Evening

Art & Craft Evening for Rush Parent & Toddler Group

Location: Ros Eó Rush Community Centre, Rush, K56WF22

Date: 08/03/2024 • 7:00pm – 9:00pm

Contact: (089) 601 4434

Email: info@rushcoco.ie

Taylor Hill Residents Association

She Invests: Empowering Financial Futures

Financial Talk for Women

Location: Flemington Community Centre, Balbriggan, K32 HD28

Date: 09/03/2024 • 1:00pm – 3:00pm

Contact: (089) 427 2378

Email: taylorhillresidents@gmail.com

Aer Lingus Dive Club

Snorkel Together

Experience Underwater Marine Life with a Snorkel Taster Session

Location: Skerries Harbour, Skerries, K34V827

Date: 10/03/2024 • 11:00am – 12:00pm

Contact: (086) 366 4144

Email: andrea_rundle@live.com

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Dublin 15

Corduff Community Resource Centre

Celebration of Inspirational Women

Life Coach Talk on Lives, the Journey and Inspiring Others

Location: Corduff Resource Centre, Corduff, D15X383

Date: 05/03/2024 • 12:00pm – 3:00pm

Contact: (01) 820 2490

Email: corduffcrc@gmail.com

Women's Shed Clonee

Get in Tune with Sound Bath

Sound Bath Session for Women to Relax

Location: Castaheany Community Centre, Clonee, D15 HX61

Date: 05/03/2024 • 7:00pm – 9:00pm

Contact: (085) 844 1129

Email: womensshedclonee@gmail.com

Luttrellstown Community Centre

Celebration of Inspirational Women

Life Coach Talk on Lives, the Journey and Inspiring Others

Location: Luttrellstown Community Centre, Luttrellstown, D15DY29

Date: 05/03/2024 • 7:00pm – 8:30pm

Contact: (01) 817 9896

Email: info@luttrellstowncommunitycentre.ie

Blakestown Community Resource Centre

Women's Fitness and Wellbeing

Practical Women's Fitness and Wellbeing Workshop

Location: Blakestown Community Centre, Blakestown, D15 TX62

Date: 06/03/2024 • 9:30am – 11:00am

Contact: (01) 820 3096

Email: manager@blakestowncrc.com

Dublin 15

D15 Stay & Play Toy Library

Makeup Masterclass & YinYoga Meditation

Makeup & Skincare Masterclass followed by YinYoga with Ciara

Location: Mountview Youth & Community Centre, Mountview, D15 EY81

Date: 07/03/2024 • 6:30pm – 8:00pm

Contact: (083) 015 9652

Email: d15toylibrary@gmail.com

Castleknock Community Centre

Ladies Relax Coffee Morning

Music & Entertainment for Women Carers & Children

Location: Castleknock Community Centre, Castleknock, D15 T3PN

Date: 08/03/2024 • 9:00am – 12:00pm

Contact: (01) 820 0968

Email: castleknockcomcen1@gmail.com

Blakestown Mountview Neighbourhood Youth Project

NYP Self Care Morning

Chair Yoga & Mindfulness

Location: Blakestown Mountview Neighbourhood Youth Project Centre, Blakestown/Mountview, D15 VYC0

Date: 08/03/2024 • 10:00am – 12:00pm

Contact: (01) 820 5253

Email: sophiequinnnyp@gmail.com

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Dublin 15

92.5 Phoenix Fm

Voices of Empowerment: Celebrating Women Leaders

Radio Interview with Inspiring Women Leaders in Dublin 15

Location: On Radio Live

Date: 08/03/2024 • 10:00am – 11:50am

Contact: (01) 822 7222

Email: info@phoenixfm.ie

Blakestown & Mountview Youth Initiative (BMYI)

Blooms and Balance: Women Wellness & Selfcare

Craft Morning & Self Care

Location: Blakestown Mountview Youth Initiative, Clonsilla, D15HW53

Date: 08/03/2024 • 11:00am – 1:00pm

Contact: (087) 239 9655

Email: imelda@bmyi.ie

Mountview Fortlawn Community Youth & Sports Hub

International Women's Celebration Day

Showcase of Local Women's Groups Activities

Location: Mountview Youth & Community Centre, Mountview, D15 EY81

Date: 08/03/2024 • 10:00am – 2:00pm

Contact: (01) 821 8665

Email: mfccampusreception@gmail.com

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Dublin 15

Blanchardstown Center for Independent Living

Time for Self Care

Holistic Health & Wellbeing Morning for Disabled & Non-Disabled Women

Location: Blanchardstown Centre for Independent Living Centre, Mulhuddart, D15 T9EP

Date: 08/03/2024 • 11:00am – 1:00pm

Contact: (01) 827 0609

Email: admin@bcil.ie

Huntstown Family Resource Centre

Hooray for Huntstown

Celebration & Acknowledgement Event for Local Women

Location: Huntstown Community Centre, Huntstown, D15EDP8

Date: 08/03/2024 • 11:30am – 12:30pm

Contact: (01) 822 0847

Email: bernie@huntstowncc.org

St Peregrine's Senior Citizens network

Networking for Women

Music, Dancing & Entertainment

Location: St. Peregrine C.L.G Clubhouse, Blakestown, D15PW80

Date: 08/03/2024 • 6:00pm – 9:00pm

Contact: (086) 874 0661

Email: burkesally5@gmail.com

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Dublin 15

Adaigbo Ireland

Women in Leadership

Women's Leadership Talk & Cultural Entertainment

Location: Mulhuddart Community Centre, Mulhuddart, D15 R2VF

Date: 08/03/2024 • 6:00pm – 8:00pm

Contact: (089) 464 6173

Email: missigboireland@gmail.com

Castleknock Lawn Tennis Club

Celebrating Women in Tennis

Location: Castleknock Lawn Tennis Club, Castleknock, D15 NY10

Date: 08/03/2024 • 7:00pm – 10:00pm

Contact: (087) 355 5515

Email: communications@cltc.ie

Huntstown Family Resource Centre

Creative Floral Workshop

Floral Workshop for Women

Location: Huntstown Community Centre, Huntstown, D15EDP8

Date: 08/03/2024 • 7:30pm – 9:00pm

Contact: (01) 822 0847

Email: bernie@huntstowncc.org

Swords & East Fingal

Donabate Community Centre

The Big Singalong

Celebration of Women in Song

Location: Donabate Portrane Community Centre, Donabate, k36 F598

Date: 06/03/2024 • 6:30pm – 8:00pm

Contact: (01) 843 4546

Email: peninsulavoices1@gmail.com

Baldoyle Forum Clg

Women's Wellbeing Workshop

Wellbeing and Healthy Eating Talk and Demonstration

Location: Baldoyle Community Hall, Baldoyle, D13 KK55

Date: 07/03/2024 • 11:00am – 1:00pm

Contact: (01) 839 5338

Email: info.baldoyleforum@gmail.com

Swords Women's Shed

Inclusion for All

Social Evening to Connect Women & Inspire Inclusion

Location: St. Colmcilles G. F. C. Clubhouse, Swords, K67H996

Date: 07/03/2024 • 7:00pm – 10:00pm

Contact: (087) 707 2103

Email: swordswomensshed@gmail.com

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Swords & East Fingal

Myrtle The Coast Residents Association

Self Defence Workshop

Self Defence Session to Empower Women

Location: Stapolin Educate Together National School, Baldoyle, D13 PP2W

Date: 09/03/2024 • 11:00am – 1:00pm

Contact: (083) 308 7785

Email: thecoastresidents@gmail.com

Rivervalley & Rathingle Community Centre

Rivervalley International Women's Celebration Day

Social Networking Afternoon for Woman & Retirement Groups

Location: Rivervalley Community Centre, Swords, K67T6T7

Date: 07/03/2024 • 11:00am – 5:00pm

Contact: (01) 840 9018

Email: rivervalleycc1991@gmail.com

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SHINE A LIGHT FOR WOMEN



Fingal International Women's Day

Friday March 8 • 2024

For further information visit:

www.fingal.ie/international-womens-day-fingal

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