

# Fingal Age Friendly Weekly

## Newsletter 4<sup>th</sup> of November!

Comhairle Contae  
Fhine Gall  
Fingal County  
Council



[Link](#) to Age Friendly

Ireland Newsletter

1<sup>st</sup> of November!



## The Write Time 2024!

### Am Scríbhneoireachta 2024!

Fingal Libraries annual celebration of creative writing and literature, The Write Time, is taking place from the **1<sup>st</sup> to the 16<sup>th</sup> of November** 2024!

To find out more about this wonderful celebration including the events timetable, please follow this link [The Write Time 2024: A Celebration of Creativity & Writing in Fingal](#)

[| Fingal County Council](#)

libraries.  
fingal.ie



Clár Éire Ildánach  
Creative Ireland  
Programme



to view the brochure!

1d - 16ú Samhain / 1st - 16th November

**Am Scríbhneoireachta**

Ceiliúradh ar Chruthaitheacht & Scríbhneoireacht i bhFine Gall

**The Write Time**

A Celebration of Creativity & Writing in Fingal



# Autumn/Winter in Fingal Libraries!

## Fómhar/Geimhreadh i Leabharlann

### Fhine Gall!

Your autumn starts with a trip to the library!  
Check out the free talks, workshops and services in Fingal Libraries that can inspire, motivate and support you over the coming months!

Please follow this link [Autumn/Winter in Fingal Libraries 2024 | Fingal County Council](#)

to view the brochure and find out more information about what is happening in your local Fingal library!



## Fingal Volunteer Centre – Pop Up!

Ever thought of volunteering?

Join Fingal Volunteer Centre

and have a chat!

### Blanchardstown Library:



Monday 25<sup>th</sup> November: 10am-12.30pm



Friday 13<sup>th</sup> December: 1.30pm-4pm



## Europe Direct Blanchardstown Mental Health Podcast Series!

To access, please visit the Fingal Libraries YouTube Page!



## Skerries Forget Me Not Café!

**When:** Wednesday the 13<sup>th</sup> of November.

**Time:** 11am to 1pm.

**Where:** Skerries Harps GAA, Dublin Road, K34 HC89.

For more information, please email

**skerriesforgetmenotcafe@gmail.com.**

Please confirm your  
attendance by contacting

**083 119 2972!**



## Adult Boardgames Club!

**When:** November 5<sup>th</sup> & 19<sup>th</sup>

**Time:** 6.30pm – 7.45pm

**Where:** Blanchardstown Library

For more information please

Call (01)8905560 or email

blanchlibrary@fingal.ie



## **Thought of the Week!**

Savouring is an often-neglected mindfulness practice. It means slowing down to appreciate or 'savour' something positive, such as something in nature, art or perhaps a pleasant emotion or taste. In times of crisis and heightened uncertainty, it can bring minutes of calm into the day.

**Try:** What's in your environment right now that you could appreciate in this way?

## **And remember!**

"Learn from yesterday, live for today, hope for tomorrow.

The important thing is to not stop questioning."

- Albert Einstein