



Local Authority Integration Team

January & February 2025

What's on in the Mid-East Area?

Who is the Local Authority Integration Team?

Fingal County Council's Local Authority Integration Team (LAIT) works with:

- Applicants for International Protection
- Those with Refugee, Subsidiary Protection, or Permission to Remain status
- Programme Refugees
- Beneficiaries of Temporary Protection (BOTP)

Our role is to support and empower individuals integrating into Irish Society and foster a sense of belonging and inclusion. Our support includes access and signposting to language, employment, education and health supports.

Contact us at integration@fingal.ie

About This Newsletter

All events listed are free to attend!

For a comprehensive list of activities in your local area check out:

- **Fingal County Council's event calendar:**
<https://www.fingal.ie/events/fingal-events-guide-2024>
- **Fingal County Council's library events brochure:**
<https://www.fingal.ie/fingal-libraries-summer-2024-brochure>
- **Your local community centre:**
<https://fingalcommunityfacilitiesnetwork.ie/centres/>
- **TradFest 2025:**
<https://tradfest.com/events/trad-session-in-skerries-2/>
- **First Fortnight Festival 2025:**
<https://www.firstfortnight.ie/>

News

Christmas Protocols/Plans

- **IPAS Absence Policy** – to support IPAS Residents joining family and friends for Christmas there will be a permitted absence period 23 Dec 2024 to 6 Jan 2025.
- **BOTP Absence Policy** - to support BOTP Residents joining family and friends for Christmas there will be a permitted absence period 23 Dec 2024 to 8 Jan 2025.
- **Citywest Transit Hub Christmas Plans** – closed for processing:
 - BOTPs – 24th, 25th, 26th, 31st December 2024 and 1st January 2025
 - IP applicants – 25th, 26th December 2024 and 1st January 2025

Couch to Parkrun



What is it? This programme is designed for beginners to gradually build up their running ability so they can eventually run 5km and progress to participating in parkrun. Experienced instructors will guide you step-by-step and help you become fitter and healthier in 2025.

When is it? Meets are every Saturday in January - 4th, 11th, 18th and 25th of January.
Preparing for a Park Run on Saturday the 1st of February!

Where is it? Donabate – Newbridge house and Swords – Broadmeadows Park

More Information and Registration Link:

<https://sports.fingal.ie/local/coursecatalogue/index.php?categoryid=39>

Beginners Computer Classes

What is it: Develop and Improve your IT skills in 2025 with these computer classes!

Swords Library are now taking names for classes in the New Year.

Where is it: Swords Library, Rathbeale Rd, Commons West

More information: Contact SwordsLibrary@fingal.ie or at (01) 8905582 to book your place.

Coastal Ecotherapy / Yoga Session



What is it? Coastal Ecotherapy session held by First Fortnight is an opportunity to connect to your mind, body, nature, and a new community. The session begins with a short beach clean and following this a yoga session will be held on the beach. Then after a rejuvenating dip into the sea and a hot cuppa with chats afterwards to warm back up!

When is it? From **11am-1pm** on Saturday the 11th of January.

Where is it? Velvet Strand, Portmarnock, Co Dublin.

More Information/registration:

This event is pay what you can, but registration is required. Follow this link to register <https://firstfortnight.ticketsolve.com/ticketbooth/shows/873650791> or search Coastal Ecotherapy Portmarnock.

Are you interested in taking a course?

The DDLETB offers a wide range of programmes for learners at different learning levels. There are part-time and full-time courses available for September 2024.

Contact your local centre for more information.

Email: swords@ddletbaes.ie

Phone: **01 840 8946**

Website:

<https://adulthoodeducationnorthcountydublin.ie/>

Virtual Reality Drop-in Sessions

What is it: An opportunity for Teens (+13 yrs) and adults to experience incredible immersive worlds on an Oculus Virtual Reality (VR) device.

The VR headset are now available to use in the library by appointment.

Where is it: Swords Library, Rathbeale Rd, Commons West

More information: To book, please contact the library by phoning 01- 8905582 or email SwordsLibrary@fingal.ie

Weekly Activities at Swords Library

Swords Library offers a wide range of weekly activities, such as:

- **Swords Library Writers' Club**
Every Tuesday from **6:30-7:30pm**
- **Baby Book Club**
Every Second Tuesday from **10.30am-11.30am**
- **Seniors Scrabble Mondays**
Every Monday from **11.30-1 PM**
- **Irish conversation group**
Every Wednesday from **6.30-7.45 PM**

Contact SwordsLibrary@fingal.ie or at (01) 8905582 to book your place.

Are you interested in volunteering?

Whether you're seeking a specific volunteer role or general advice, Fingal Volunteer Centre is here to help. It's free, and there's no pressure to commit if you're not ready.

Explore the national volunteering database for volunteer roles and opportunities in your area: <https://www.i-vol.ie/>

If you simply want to learn more, you can email info@volunteerfingal.ie or call 01 899 1921

Scan the QR code to visit our website:

